

FY2023 Buncombe County Strategic Partnership Grant Report

Organization Name:	Western Carolina Medical Society Foundation	
Project Name:	Creating Well-Being through Diabetes Management	
Reporting Quarter: (Check one)	<input type="checkbox"/>	Quarter 1 (July 1, 2022 - September 30, 2022)
	<input type="checkbox"/>	Quarter 2 (October 1, 2022 - December 31, 2022)
	<input type="checkbox"/>	Quarter 3 (January 1, 2023 - March 31, 2023)
	<input checked="" type="checkbox"/>	Quarter 4 (April 1, 2023 - June 30, 2023)

Narrative summary of grant related activities

Please provide a brief summary (no more than 1500 characters). You may attach supplemental documents if needed.

Quarter 1	<p>We have been talking with case managers WNCCHS and Dale Fell to identify Project Access patients in their care with Type 2 diabetes and an hbA1c level higher than 8. The clinics are reaching out to patients to see who is interested in participating in the diabetes management classes. We have met with our partners at ABIPA to schedule the classes in Spanish and the YMCA of WNC to schedule classes in English.</p>
Quarter 2	<p>We met with Taylor Parkins, care management manager for WNCCHS and Jawana Grier McEachin, executive director of ABIPA, to confirm the logistics and details for holding the diabetes management classes starting in February. The YMCA of WNC currently has a very long waitlist for their classes, so ABIPA will be conducting the classes.</p>

Quarter 3	<p>ABIPA took over the classes for both English-speaking and Spanish-speaking due to the YMCA no longer offering classes for Diabetes Management. The YMCA is currently only working with pre-diabetes populations. The English-speaking classes at ABIPA started on February 22, 2023, and will go until April 5, 2023. These classes are taking place at the Mapel Crest Housing Community and have approximately 12 participants enrolled. The Spanish-speaking class will convene on May 24 and run through June 28, 2023. The location for the Spanish-speaking class is still being determined. We are currently working on recruitment for the Spanish-speaking class and are in the process of translating the curriculum materials.</p>
Quarter 4	<p>ABIPA taught the English-speaking class that ended on April 5, 2023. ABIPA then contracted with the YMCA of WNC to teach the Spanish-speaking class. Rosario Villarreal was the instructor for the Spanish-speaking class that began on May 24 and ran through June 28, 2023. There were 15 participants enrolled in the class. ABIPA is conducting a follow-up session with the class participants the week of July 11 to evaluate the participant's level of learning throughout the classes to determine program success. Additionally, the class participants are all invited to the YMCA Diabetes Forum to determine their HbA1c numbers. WCMS will work with ABIPA to collect HbA1c data post-class from participants.</p>

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Progress toward annual goals

Measure	Annual Goal	Actual Results (Enter Data)				Progress toward Annual Goal
		Quarter 1	Quarter 2	Quarter 3	Quarter 4	
Number of patients enrolled in a diabetes management class	20	0	0	12	15	27
Number of participants in the project who get to an HbA1c or blood sugar level of 7 to 8	20	0	0	4	8	12
Number of participants in the project who lower their blood pressure level	20	0	0	6	10	16

Comments:

There were 15 participants enrolled in the Spanish-speaking class. With this cohort, we surpassed our goal of 20 patients enrolled in the diabetes classes.

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Use of funds to date and any budget considerations

Spending Category	Starting Budget	Total Spending (Enter Data)				Amount Remaining
		Quarter 1	Quarter 2	Quarter 3	Quarter 4	
Personnel	\$ 7,524	3762	\$ 3,762			\$ -
Training	\$ 12,000			\$6,000	\$ 6,000	\$ -
Supplies/Materials	\$ 3,000	\$ -		\$1,500	\$ 1,500	\$ -
Meetings	\$ 1,200			\$600	\$ 600	\$ -
Equipment/Furniture						\$ -
Printing/Marketing						\$ -
Licensing/Memberships/Dues/Subscriptions						\$ -
Client Support						\$ -
Contracts						\$ -
Professional Services						\$ -
Insurance and Bonds						\$ -
Building Maintenance						\$ -
Transportation	\$ 620					\$ 620
WIN	\$ 750					\$ 750
List other cost						\$ -
Total	\$ 25,094	\$ 3,762	\$ 3,762	\$ 8,100	\$ 8,100	\$ 1,370

Comments: