

# FY2023 Buncombe County Strategic Partnership Grant Report

<b>Organization Name:</b>	Institute for Preventive Healthcare and Advocacy	
<b>Project Name:</b>	HELP2Day	
<b>Reporting Quarter:</b> (Check one)	<input type="checkbox"/>	Quarter 1 (July 1, 2022 - September 30, 2022)
	<input type="checkbox"/>	Quarter 2 (October 1, 2022 - December 31, 2022)
	<input type="checkbox"/>	Quarter 3 (January 1, 2023 - March 31, 2023)
	<input checked="" type="checkbox"/>	Quarter 4 (April 1, 2023 - June 30, 2023)

## Narrative summary of grant related activities

Please provide a brief summary (no more than 1500 characters). You may attach supplemental documents if needed.

<b>Quarter 1</b>	<p>From July 1 Sept 30 our IFPHA team (community health workers 2) completed 30 chronic illness forms at Klondyke Apartment (Public Housing) so our community nurse has information to guide health education and healthy eating needs. Our community nurse was able to give infant mortality education to a young pregnant African American female and connect her to the Sista Caring 4 Sista Doula program. Healthy eating for her and her family also given with pampers for her baby at home and for her new-born daughter born recently. In Hill Crest Apartments (Public Housing) we are now training a young African American female to assist in Hill Crest with our infant mortality education and other Healthy outreach efforts so she has extra funds and can take her newborn baby without having to leave the child or pay for daycare. One of our clients who has Alzheimer's and is trying to remain at home as long as possible. IFPHA has been able to clean her residence using Merry Maid Cleaning services monthly. Our CHW/LPN has taken her to her doctor's appointments, the bank, and to took her car to the shop for repairs. Our client tries to drive only to Ingles for food and to pick up her medication from the Ingle's pharmacy. The Ingles is near her house. We now have the doctor from Home-Based Primary Care at MAHEC coming to her house at assist with planning her care while she is able to contribute to decision making. CN Avery is working with her on her long-term goals and our team is working on her medication management. We are working with several Clients at Arrowhead Apartments a senior independent living facility for seniors, disabled and the formerly houseless population. We have been working with a 75-year-old who is diabetic and has schizophrenia for several years. Recently he fell, went to the emergency department (ED) and was found to have COVID-19 and be unsteady on his feet. We also work with his son who is 31 years old schizophrenic, autistic, and has visual problems. Our team takes them healthy food and was working with the father on his diabetes and mental health issues that were not being addressed by his primary care. We have been trying to get assistance for the father who goes to one of the FQHS (Federally Qualified Health Centers). CN Kathey was told by client he has been having problems getting appointments when he tried calling their office. After CN Avery got him an appointment and took him the FNP (family nurse practitioner) who had been following his care. The CN Avery found that FNP had been monitoring a tumor in his neck, and it had gotten bigger (CN did not know they were following him for a neck tumor). The FNP explained he had previously found a large parathyroid tumor. Our CN and CHW/LPN took him to Messino Cancer Care and later to Genesis Surgeons to have tumor removed. Before this could happen, he fell and had to go to the ED. This trip to the emergency department is where he was finally evaluated for his mental issues by ED doctor, the unit he was put on at Mission and later by psychiatrist at the rehab facility.</p>
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<p><b>Quarter 2</b></p>	<p>One of the clients stories that shows the amazing work we do is our Alzheimer's client who continues to live along. She is 76 years old and uses a walker. Recently she had Rhinoplasty, Septoplasty and a turbinate reduction surgery for a spasmodic coughing that had become unbearable. She was told it was going to be twilight sedation and not general anesthesia. It turned out to be general. She had them call IFPHA nurses because they would not allow her to go home without someone there overnight to monitor her. We picked her up from the surgical center, picked up her medication and spent the night. My LPN/CHW slept on the couch and I (community nurse) took the hardwood floor. She kept telling us how much she appreciated what we did for her (including changing her mustache dressing, reading the instructions until she understood). We called her several times and went back and removed the packing that SUNDAY. This gives "real help in real time".</p>
<p><b>Quarter 3</b></p>	<p>Our Community Health Worker/LPN supervisor following up with the needs our Community Nurse assessed at Arrowhead Apartments has provided follow-up with three of our higher needs clients. One continued story is her takinghour thirty-two year old African American male with Autism and Schizophrenia to his monthly apointments at MAHEC psychiatry for his invega injections. She also has to call and pick up the medication from the pharmacy. SHE takes him for his follow-up labs. Our IFPHA team after not finding a suitable program for is lifeskills after 2 years of looking provides his life skill training and support. He is able to cook his meals our CHW takes him to shop for healthy food, monitors his cleaning, grooming and take him to get his haircuts when needed. IFPHA also pays our cleaning service when needed to do deep cleanings (for bedbugs and roaches). We find programs at Arrowhead for him to socailize in and support his GED work at AB-Teach. IFPHA nurse has purchured comic-books (spider-man) to encourage his reading.</p>
<p><b>Quarter 4</b></p>	<p>This quarter IFPHA has increased our work with another client at Arrowhead when our team assessed the family has been unable or unwilling to step in. D is a 65 year old White female on oxygen and contining to smoke, although Arrowhead is a non-smoking Senior living apartments. The management requested we see if we can assist her since they are considering not renewing her lease because of the smoking (they have had to repaint her bathroom). They are aware and sympathatic to her health issues. She had been treated for lung cancer with cyberknife surgery, yet continues to smoke. She is 5'2 and weighs 96 lbs and does not get enough to eat. Her family finally stepped to to buy her food with her SNAP card and had Walmart send water, juice and ONE TV dinner. Our team bought her enough food for 3 weeks and helped her put up her laundry. We also took her to pick up her glasses that had been ready for over a month. We will continue to help this lady and the goal is to reduce her smoking, have her lease renewed since she would have no where to go and help her with her nutrition. She has agreed.</p>

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## Progress toward annual goals

Measure	Annual Goal	Actual Results (Enter Data) Please only include new data for the specific quarter				Progress toward Annual Goal
		Quarter 1	Quarter 2	Quarter 3	Quarter 4	
Number of households assisted with healthy food distributions	400	33	17	83	440	573
Number of people from subsidized housing served by HELP2DAY programming	242	33	52	91	450	626
Number of homes addressed for cleaning and/or safety issues	10	4	4	6	2	16
Number of residents provided transportation to medical appointments	20	5	9	13	6	33
Percent of clients who report increased knowledge on health food choices	100%	100%	100%	100%	100%	100%

**Comments:**

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## Use of funds to date and any budget considerations

Spending Category	Starting Budget	Total Spending (Enter Data)				Amount Remaining
		Quarter 1	Quarter 2	Quarter 3	Quarter 4	
Personnel						\$ -
Training						\$ -
Supplies/Materials						\$ -
Meetings						\$ -
Equipment/Furniture						\$ -
Printing/Marketing	\$ 2,697	\$ 221	\$ 194	\$ 352.19	\$ 1,930	\$ 0
Licensing/Memberships/Dues/Subscriptions						\$ -
Client Support	\$ 11,499	\$ 1,276	\$ 2,887	\$ 3,675.00	\$ 3,661	\$ -
Contracts						\$ -
Professional Services						\$ -
Insurance and Bonds						\$ -
Building Maintenance						\$ -
Client transportation	\$ 3,501	\$ 328	\$ 626	\$ 1,047.00	\$ 1,500	\$ 0
Healthy Food Support	\$ 1,303	\$ 44	\$ 292	\$ 467.05	\$ 500	\$ (0)
Hygiene Products/PPE/Sanitizer	\$ 500			\$ 187.00	\$ 313	\$ -
<b>Total</b>	<b>\$ 19,500</b>	<b>\$ 1,869</b>	<b>\$ 3,999</b>	<b>\$ 5,728</b>	<b>\$ 7,904</b>	<b>\$ 0</b>

**Comments:**