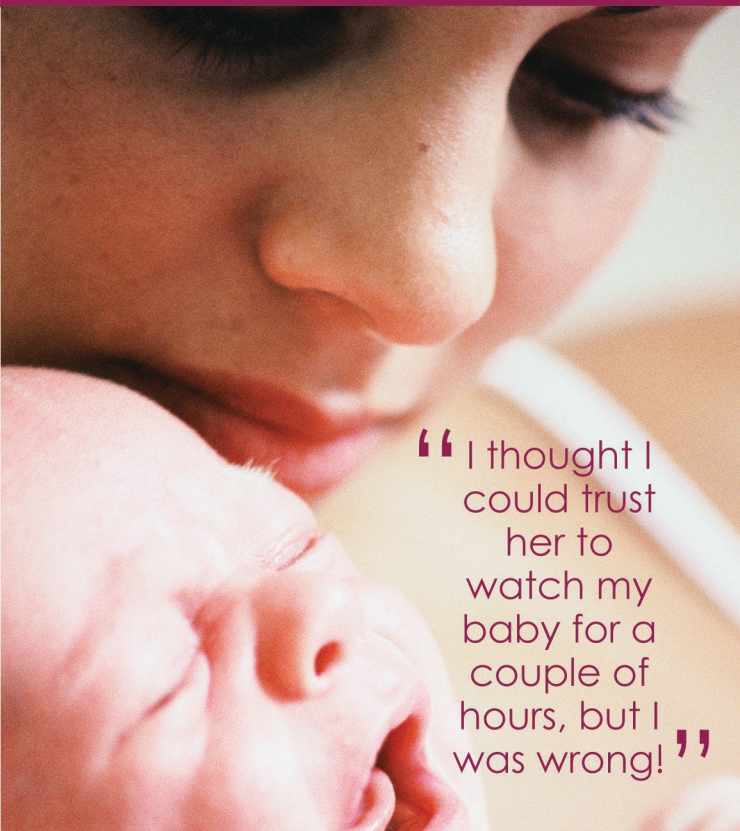


# DO YOU REALLY KNOW THE PERSON WATCHING YOUR CHILD?



“ I thought I could trust her to watch my baby for a couple of hours, but I was wrong! ”

PARENTING IS TOUGH  
FOR RESOURCES & HELP...

Call **828.250.6000**

Available **24/7**

GOOD PARENTS ARE MADE  
**NOT BORN**

# CHOOSE YOUR CAREGIVER CAREFULLY

## A GOOD BABYSITTER...

1. Is an **adult**, not a child
2. Is **someone you know** that will never shake, hit or withhold food from your child
3. Has **experience** in taking care of young children
4. Is **patient and mature** enough to deal with fussy or crying children
5. **Does not smoke, abuse alcohol or drugs** and will not take your child around people who do

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