



# **FIGHT THE BITE!**

**MAKE SMALL CHOICES, EXPECT BIG THINGS**

# TIP AND TOSS TO ELIMINATE MOSQUITOES!

You and your neighbor can make a difference in preventing diseases spread by mosquitoes:

- Tip and Toss standing water every 3 to 4 days
- Use mosquito repellent when outside, especially at dawn and dusk
- Keep window and door screens in good repair

Go to [www.buncombecounty.org/nobites](http://www.buncombecounty.org/nobites)

A Message from BUNCOMBE COUNTY HEALTH & HUMAN SERVICES

