Give Yourself a Shield of Protection.

Get a Flu Shot!
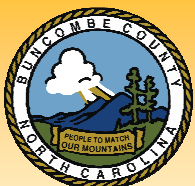
Take care of yourself and those you love.

Wash your hands

Cover coughs & sneezes

Stay home when sick

Get a Flu Shot!