



**LAND-OF-SKY REGIONAL
COUNCIL PRESENTS. . . .**

Wellness EXPO



Monday, September 20th
Biltmore Square Mall, Asheville
10:00 am– 2:00 pm
Admission is FREE

**Free Healthy Snacks,
Exercise, and Cooking**

**Free Health Screenings
and Tips on Living Well**

Get Healthy, Volunteer! Check out our Community Volunteer Fair at the Expo!

For more information or to become a sponsor, please call: 828.251.7441

