Health Snapshot 2014: Buncombe County, NC

	Buncombe Value	NC Value	Buncombe Rank Among NC's 100 Counties	Top 10% USA Counties Are at This Value or Better
HEALTH OUTCOMES			**18th**	
Length of Life			**18th**	
Premature death	7,026	7,480		5,317
Quality of Life			**18th**	
Poor or fair health	14%	18%		10%
Poor physical health days	3.3	3.6		2.5
Poor mental health days	3.8	3.4		2.4
Low birthweight	8.4%	9.1%		6.0%
HEALTH FACTORS			**7th**	
Health Behaviors			**10th**	
Adult smoking	20%	20%		14%
Adult obesity	24%	29%	*we're in USA Top 10%*	25%
Food environment index (high is better)*	7.3	6.9		8.7
Physical inactivity	21%	25%	*we're in USA Top 10%*	21%
Access to exercise opportunities (high is better)*	84%	65%		85%
Excessive drinking	14%	13%		10%
Alcohol-impaired driving deaths	26%	33%		14%
Sexually transmitted infections	317	568		123
Teen births	39	44		20
Clinical Care			**4th**	
Uninsured	20%	19%		11%
Primary care physicians	797:1	1,462:1	*we're in USA Top 10%*	1,051:1
Dentists	1,556:1	2,075:1		1,439:1
Mental health providers	338:1	715:1	*we're in USA Top 10%*	536:1
Preventable hospital stays	44	60	*we're in USA Top 10%*	46
Diabetic screening (high is better)	92%	88%	*we're in USA Top 10%*	90%
Mammography screening (high is better)*	70%	68%		71%
Social & Economic Factors			**12th**	
High school graduation (high is better)*	78%	79%		
Some college (high is better)*	69%	63%		70%
Unemployment	7.5%	9.5%		4.4%
Children in poverty	26%	26%		13%
Inadequate social support	17%	21%		14%
Children in single-parent households	34%	36%		20%
Violent crime rate	259	372		64
Injury deaths	66	65		49
Physical Environment			**47th**	
Air pollution - particulate matter	13.1	12.3		9.5
Drinking water violations	0%	2%	*we're in USA Top 10%*	0%
Severe housing problems	15%	16%		9%
Driving alone to work	79%	81%		71%
Long commute - driving alone	21%	30%		15%

Released March 26, 2014. Rankings are for 100 counties in North Carolina. Ranking **1st** is best.
* For most measures a lower value is better, but for 6 of these measures it is better to have a higher value.

Source: www.countyhealthrankings.com