

FY2022 Buncombe County Strategic Partnership Grant Report

| | | |
|------------------------------------------|-------------------------------------------------------------|-------------------------------------------------|
| Organization Name: | Our VOICE | |
| Project Name: | Survivors Thrive - Virtual Delivery of Our VOICE Counseling | |
| Reporting Quarter: (Check one) | <input type="checkbox"/> | Quarter 1 (July 1, 2021 - September 30, 2021) |
| | <input type="checkbox"/> | Quarter 2 (October 1, 2021 - December 31, 2021) |
| | <input type="checkbox"/> | Quarter 3 (January 1, 2022 - March 31, 2022) |
| | <input checked="" type="checkbox"/> | Quarter 4 (April 1, 2022 - June 30, 2022) |

Narrative summary of grant related activities

Please provide brief responses that fit within the box provided

| | |
|--------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Overall project updates: | During the fourth quarter of the fiscal year, Our VOICE Counselors have worked with 107 survivors of sexual violence. This includes 224 individual sessions and 83 counseling group sessions. Of the 107 individuals served, 28 are Spanish-speaking survivors. Counseling includes CBT, DBT, EMDR, ART, Soul Collage, and other modalities. Counseling groups include DBT, Psycho-Educational, Survivor-toThriver (incest survivors group), and Spanish-speaking survivors group. |
| Activities related to increasing equity, diversity and inclusion: | Our VOICE continued our contracting with Thomas & Smith Consulting for a series of DEI "deep dive" sessions. This has taken place over four sessions with leadership, five with staff, and two sessions with board members. Our VOICE has identified internal harm that has been caused as well as harm the agency has caused in the community and while it is a messy process, we are thankful for the space to speak truth, challenge perceptions, question both intent and impact, and make commitments towards transparency, annual review of all internal/external policies/practices, and that as individuals and an agency we will continue to grow. Thomas & Smith has helped us start the practice of collective decision making and we are working towards refining what a collective decision making model looks like at our organization to achieve the goals of transparency and honoring the wide range of talent and insight we have across all levels of the organization. Similarly we are taking an ongoing look at how we can improve our marketing strategies to ensure we are not exploitative and re-visiting many policies to ensure they are inclusive. |
| Activities related to increasing operational excellence: | Our VOICE staff receive continuous training through our membership with NCCASA (North Carolina Coalition Against Sexual Assault) as well as through exchanges with other service providers in the community. Staff have professional development budgets they have access to each year and are encouraged to engage in training that both challenges them and helps them grow. |

FY2022 Buncombe County Strategic Partnership Grant Report

| | | | |
|------------------------------------------|-------------------------------------------------------------|-------------------------------------------------|--|
| Organization Name: | Our VOICE | | |
| Project Name: | Survivors Thrive - Virtual Delivery of Our VOICE Counseling | | |
| Reporting Quarter: (Check one) | <input type="checkbox"/> | Quarter 1 (July 1, 2021 - September 30, 2021) | |
| | <input type="checkbox"/> | Quarter 2 (October 1, 2021 - December 31, 2021) | |
| | <input type="checkbox"/> | Quarter 3 (January 1, 2022 - March 31, 2022) | |
| | <input checked="" type="checkbox"/> | Quarter 4 (April 1, 2022 - June 30, 2022) | |

Progress toward annual goals

| Measure | Annual Goal | Actual Results (Enter Data) Please only include new data for the specific quarter | | | | Progress toward Annual Goal |
|--------------------------------------------------------------------------|-------------|--------------------------------------------------------------------------------------|-----------|-----------|-----------|-----------------------------|
| | | Quarter 1 | Quarter 2 | Quarter 3 | Quarter 4 | |
| Number of individuals served through counseling program | 300 | 75 | 141 | 146 | 107 | 469 |
| Percent of participants with stated goals reviewed quarterly | 90% | 80% | 80% | 82% | 92% | 92% |
| Percent of participants who report a decrease in trauma-related symptoms | 80% | 80% | 78% | 90% | 79% | 90% |
| | | | | | | 0 |
| | | | | | | 0 |

Comments:

During the fourth quarter of the fiscal year, Our VOICE Counselors have worked with 107 survivors of sexual violence. This includes 224 individual sessions and 83 counseling group sessions. Of the 107 individuals served, 28 are Spanish-speaking survivors. Counseling includes CBT, DBT, EMDR, ART, Soul Collage, and other modalities. Counseling groups include DBT, Psycho-Educational, Survivor-to-Thriver (incest survivors group), and Spanish-speaking survivors group.

FY2022 Buncombe County Strategic Partnership Grant Report

| | | | |
|------------------------------------------|-------------------------------------------------------------|-------------------------------------------------|--|
| Organization Name: | Our VOICE | | |
| Project Name: | Survivors Thrive - Virtual Delivery of Our VOICE Counseling | | |
| Reporting Quarter: (Check one) | <input type="checkbox"/> | Quarter 1 (July 1, 2021 - September 30, 2021) | |
| | <input type="checkbox"/> | Quarter 2 (October 1, 2021 - December 31, 2021) | |
| | <input type="checkbox"/> | Quarter 3 (January 1, 2022 - March 31, 2022) | |
| | <input checked="" type="checkbox"/> | Quarter 4 (April 1, 2022 - June 30, 2022) | |

Use of funds to date and any budget considerations

| Spending Category | Starting Budget | Total Spending (Enter Data) | | | | Amount Remaining |
|------------------------------------------|------------------|-----------------------------|-----------------|-----------------|---------------|------------------|
| | | Quarter 1 | Quarter 2 | Quarter 3 | Quarter 4 | |
| Personnel | \$ 18,000 | \$ 7,174 | \$ 3,815 | \$ 6,412 | \$ 600 | \$ - |
| Training | | | | | | \$ - |
| Supplies/Materials | | | | | | \$ - |
| Meetings | | | | | | \$ - |
| Equipment/Furniture | | | | | | \$ - |
| Printing/Marketing | | | | | | \$ - |
| Licensing/Memberships/Dues/Subscriptions | | | | | | \$ - |
| Client Support | | | | | | \$ - |
| Contracts | | | | | | \$ - |
| Professional Services | | | | | | \$ - |
| Insurance and Bonds | | | | | | \$ - |
| Building Maintenance | | | | | | \$ - |
| List other cost | | | | | | \$ - |
| List other cost | | | | | | \$ - |
| List other cost | | | | | | \$ - |
| Total | \$ 18,000 | \$ 7,174 | \$ 3,815 | \$ 6,412 | \$ 600 | \$ - |

Comments: