

**Funded Services Descriptions  
FY24**

<b>Provider</b>	<b>Service</b>	<b>Description</b>
Blue Ridge Pride Center, Inc.	Generation Plus	Generation Plus is a program of Blue Ridge Pride Center, Inc. serving the LGBTQ+ community over the age of 55. The program focuses on four pillars of Blue Ridge Pride: Advocacy, Education, Service, and Celebration.
Buncombe County Health and Human Services	In-Home Aide	The In-Home Aide Program helps older adults, age 60 and older, who have mental, physical, and functional impairments with activities of daily living (e.g., eating, bathing, dressing, toileting, and ambulating) and instrumental activities of daily living (e.g., housecleaning, managing medications, transportation, preparing meals, etc.) to allow them to remain safely in their homes. Services are provided by licensed home care agencies.
Buncombe County/Mountain Mobility	Transportation	Mountain Mobility provides both medical and general transportation to the most vulnerable members of our community who have no other means of transportation. Home and Community Care Block Grant funds allow us to provide life-saving medical trips such as dialysis and chemotherapy, and to transport seniors to and from grocery shopping, pharmacies, and other critical destinations throughout our community.
Council on Aging of Buncombe County	Congregate Dining	The Council on Aging Senior Dining and Wellness program offers eligible adults the opportunity to enjoy daily nutritious, hot lunches from Moose Cafe along with weekly fresh local produce in a fun, safe and social setting at the Weaverville First Baptist Church, Senior Opportunity Center, Linwood Crump Shiloh Community Center, and the Lakeview Center for Active Aging. More than a meal, this program connects participants to health and wellness programming, opportunities for socialization, as well as community resources. Reservations after registration are required
Council on Aging of Buncombe County	Information & Assistance/Options Counseling	Council on Aging provides information and assistance to community members about available resources through service navigators and social workers to answer questions, make referrals, and assist with getting the services and support they need. We offer comprehensive, person-centered information to ensure clients have their needs met with a "no wrong door" approach to community resource coordination.

DayStay	Respite	DayStay provides weekday socialization, congregate nutrition, and group respite for active aging adults living in or near western Buncombe three days per week for three hours per day with plans to expand. The program is designed to foster group socialization and interaction, support the dignity and self-esteem of each individual participant, as well as to provide affordable respite care.
Jewish Family Services of WNC	Mental Health Counseling	Healing Solutions Counseling at JFS provides unique and coordinated services that help individuals to identify their needs, strengths, and goals in a welcoming and judgment-free environment. Our licensed therapists meet with clients in person at our downtown Asheville offices, or virtually, through HIPAA-compliant telehealth. We can also connect over telephone if no other options are available. Affordable sliding scale fees are available for those without insurance.
Jewish Family Services of WNC	Group Respite	The JFS Faye's Place Elder Club is a group respite program that provides a non-medical, structured social program serving vulnerable seniors. Some participants have normal cognitive function and others may have memory, cognitive and/or physical impairments. Activities include arts and crafts, exercise, music, game-playing, lively discussion, and a delicious lunch. Participants develop meaningful friendships and caregivers have respite. Participants and caregivers have access to agency wrap-around resources like mental health counseling, case management, and a food pantry.
Land of Sky Regional Council, Area Agency on Aging	Health Promotion	The Asheville Terrace Community Health Worker (ATCHW) program is a community-based model addressing the complex needs of high-risk elders in subsidized senior housing and is seeking expansion of the program into new senior housing communities. This program places an emphasis on social connectivity, safety, physical activity, nutrition, and reducing social isolation. Services provided include food distributions, health education and exercise, access to on-site screenings and services (e.g., vaccine and flu shots), and home visits.
Meals on Wheels of Asheville & Buncombe County, Inc.	Home Delivered Meals	Meals on Wheels of Asheville and Buncombe County delivers prepared nutritious meals to homebound seniors helping them live nourished lives with independence and security in the comfort of their own homes. The nutritious meal, friendly visit, and safety check help them cope with three of the biggest threats of aging: hunger, isolation, and loss of

		independence. Research proves that when seniors have the right support, they gain greater quality of life, need fewer hospital stays, and live longer.
MemoryCare	Caregiver Support	MemoryCare is a nonprofit out-patient clinic providing care management services for families affected by dementia that combines medical care of older adults with cognitive impairment with support and education for their caregivers. The program is available for anyone with need of this service - see <a href="http://www.memorycare.org">www.memorycare.org</a> for additional information.
Mountain Area Health Education Center, Inc. (MAHEC)	Health Promotion	MAHEC's Home-Based Primary Care (HBPC) program is an essential service of the Center for Healthy Aging (CHA). The funding allows HBPC to continue to provide team-based care for older adults at risk for functional and health decline by leveraging medical providers, registered nurses, pharmacists, occupational therapists, resource and care management, and community health workers who collaborate to improve participants' well-being in Buncombe County.
MountainCare	Adult Day Care	MountainCare Adult Day Services is an engaging, safe, state certified nonprofit Day Care/Day Health program that includes health monitoring, social enrichment, therapeutic activities, and nutritionally balanced meals. We are open Monday-Friday from 8:00am to 5:30pm.
MountainCare	Adult Day Health	MountainCare Adult Day Services is an engaging, safe, state certified nonprofit Day Care/Day Health program that includes health monitoring, social enrichment, therapeutic activities, and nutritionally balanced meals. We are open Monday-Friday from 8:00am to 5:30pm.
MountainCare	Transportation	MountainCare Adult Day Services is an engaging, safe, state certified nonprofit Day Care/Day Health program that includes health monitoring, social enrichment, therapeutic activities, and nutritionally balanced meals. Home and Community Care Block Grant funds increase access to our program by providing transportation for Adult Day participants.
Mountain Housing Opportunities, Inc.	Housing and Home Improvement	The primary goal of the Essential Home Repair Program is to reduce imminent threats to life, health, safety, and mobility/accessibility in homes owned and occupied by low and very low income special needs homeowners living in Buncombe County. For HCCBG funding, the program clients are 60 years and older with no restrictions on income.

OnTrack of WNC	Financial Counseling	The Silver Dollars Financial Capabilities for Older Adults Program supports financial wellbeing and housing stability with financial literacy education, counseling/coaching, and free tax preparation. Please visit <a href="http://www.ontrackwnc.org">www.ontrackwnc.org</a> to get help navigating finances and housing challenges.
Pisgah Legal Services	Legal Services	Pisgah Legal Services' Elder Law Program provides free legal services to low-income seniors (age 60 and older) who are in crisis due to housing instability; dangerous or unhealthy living conditions; creditor, financial, and physical abuse; consumer scams; illegal debt collection; or lack of basic resources such as health care access or subsistence income.
Working Wheels	Car Repair	Working Wheels will provide deeply discounted vehicle repairs to 11 Buncombe County residents who are 60 years of age and older. This project will incentivize our referral partners to prioritize their older clients and will increase their access to transportation, one of the goals listed in the Age-Friendly Action Plan.