

### FY25 Funded Services Descriptions

| Agency   | Program              | Description   |
|--|----------------------|---|
| Blue Ridge Pride   | Program Support      | Blue Ridge Pride Generation Plus Program reduces social isolation, builds social networks, educates, and advocates for LGBTQ+ elders, age 60 and older.   |
| Buncombe County Health and Human Services                      | In Home Aide         | The In-Home Aide Program supports older adults, age 60+, in meeting their needs to allow them to remain safely in their homes. Services are provided by licensed home care agencies and include home maintenance support (e.g., housekeeping, laundry, cooking, etc.) and hands on assistance (e.g., bathing, dressing, toileting, transferring, etc.).   |
| Buncombe County/Mountain Mobility                              | Transportation       | Mountain Mobility provides medical and general transportation to vulnerable older adults, age 60+, who have no other means of transportation. Home and Community Care Block Grant funds allow us to provide life-saving medical trips, such as dialysis and chemotherapy, and to transport seniors to and from grocery shopping, pharmacies, and other critical destinations throughout our community.  |
| CCCS of WNC, Inc. DBA OnTrack Financial Education & Counseling | Financial Counseling | OnTrack WNC's Silver Dollars program supports the financial wellbeing of older Buncombe County adults through financial education, individual counseling, and free tax preparation directly addressing the challenge of living on a fixed income as basic needs, healthcare, and housing costs become increasingly unaffordable. Our clients are empowered to build sustainable budgets, access affordable housing, pay down debt, improve their credit, and file their taxes for free. |

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| Council on Aging of Buncombe County, Inc.  | Information and Options Counseling | Council on Aging provides information and service assistance to older adults, age 60+, caregivers, and the community about available resources through service navigators and social workers to answer questions, make referrals, and assist with getting the services and support they need.   |
| Council on Aging of Buncombe County, Inc.  | Congregate Dining                  | The Senior Dining and Wellness Program offers a nutritious, hot lunch from Moose Cafe and weekly fresh local produce to eligible participants at four dining sites which include Weaverville First Baptist Church, Grove Street Community Center, Linwood Crump Shiloh Community Center, and the Lakeview Center for Active Aging.  |
| Eblen Charities                            | Stability for Older Adults         | The Stability for Older Adults Program provides housing stability for older adults, age 60+, by preventing evictions, maintaining utility services, and connecting to resources.  |
| Hominy Baptist Church/DayStay              | Respite                            | DayStay is a program that provides a protective environment for active seniors, as well as individuals with dementia and Alzheimer's, or other conditions who cannot be left alone during the day. We provide a nutritious lunch and activities that includes socialization, brain stimulation, chair exercises and reality orientation. DayStay provides respite for caregivers too.   |
| Jewish Family Services of WNC - Elder Club | Respite                            | Faye's Place Elder Club Program provides a non-medical, structured social program for vulnerable older adults, age 60+, to reduce social isolation as well as provide respite for caregivers. Activities include arts and crafts, exercise, music, game-playing, lively discussion, and a delicious lunch. Participants and caregivers have access to agency wrap-around resources like mental health counseling, case management, and a food pantry. |

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| Jewish Family Services of WNC - Healing Solutions Counseling | Counseling               | Healing Solutions Counseling provides person-centered treatment for older adults, age 60+, and caregivers who are facing aging-related challenges. The program helps individuals to identify their needs, strengths, and goals in a welcoming and judgment-free environment. Our licensed therapists meet with clients in person at our downtown Asheville offices or virtually through HIPAA-compliant telehealth. We can also connect over telephone if no other options are available. Affordable sliding scale fees are available for those without insurance.   |
| Land of Sky Regional Council, Area Agency on Aging           | Community Health Workers | The Community Health Worker program is a community-based model addressing the complex needs of high-risk elders in subsidized senior housing. This program has operated at Asheville Terrace Apartments since 2018 and expanded in FY24 to include Arrowhead Apartments. CHWs emphasize social connectivity, safety, physical activity, nutrition, and reducing social isolation. Services are provided at individual and community levels, and include food distributions, health education and exercise, social programs, access to on-site clinical screenings and services (e.g., flu shots), and home visits. |
| Land of Sky Regional Council                                 | Senior Companion Program | The Land of Sky Regional Council Senior Companion Program provides non-medical volunteers for in-home one-on-one support for older adult Buncombe County residents.  |

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| MAHEC Mountain Area Health Education Center, Inc.    | Home-Based Primary Care | MAHEC's Home-Based Primary Care (HBPC) program is an essential service of the Center for Healthy Aging (CHA). The funding allows HBPC to continue to provide team-based care for older adults at risk for functional and health decline by leveraging medical providers, registered nurses, pharmacists, occupational therapists, resource and care management, and community health workers who collaborate to improve participants' well-being in Buncombe County.  |
| Meals on Wheels of Asheville & Buncombe County, Inc. | Home Delivered Meals    | Meals on Wheels of Asheville and Buncombe County delivers prepared nutritious meals to homebound seniors helping them live nourished lives with independence and security in the comfort of their own homes. The nutritious meal, friendly visit, and safety check help them cope with three of the biggest threats of aging: hunger, isolation, and loss of independence. Research proves that when seniors have the right support, they gain greater quality of life, need fewer hospital stays, and live longer. |
| MemoryCare   | Caregiver Support       | MemoryCare combines medical care of older adults with cognitive impairment with care management support and education for their caregivers. The program is available for anyone with need of this service - see <a href="http://www.memorycare.org">www.memorycare.org</a> for additional information.  |
| Mountain Housing Opportunities, Inc.                 | Home Repair             | The primary goal of the Essential Home Repair Program is to reduce imminent threats to life, health, safety and mobility/accessibility in homes owned and occupied by low and very low income special needs homeowners living in Buncombe County. For HCCBG funding, the program clients are 60 years and older with no restrictions on income.   |

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| MountainCare (Day Care)               | Adult Day Care   | Adult Day Services is a supportive weekday program filled with engagement, social opportunities, and life-affirming activities for aging adults. More than just a safe place, our certified Adult Day Center is a vibrant community where participants enjoy meaningful friendships, nutritious meals, physical fitness activities, community guests, and compassionate care. |
| MountainCare (Day Health)             | Adult Day Health | Day Health is the highest level of care offered through Adult Day Services. In addition to social opportunities and therapeutic activities, Day Health participants receive additional services to improve health and wellbeing, such as skilled nursing, medication administration, and personalized care.   |
| MountainCare (Transportation - HCCBG) | Transportation   | Many Adult Day participants rely on others for transportation, which can lead to feelings of isolation during the week. HCCBG transportation funds eliminate a common barrier to attendance and ensure that lack of transportation never prevents someone from receiving the services they need to successfully live at home.   |
| Pisgah Legal Services                 | Legal Services   | Pisgah Legal Services' Elder Law Program provides free legal services to low-income seniors (age 60 and older) who are in crisis due to housing instability; dangerous or unhealthy living conditions; creditor, financial, and physical abuse; consumer scams; illegal debt collection; or lack of basic resources such as health care access or subsistence income.         |

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| UNETE Unmet Needs in Equity                    | Senior Center      | <p>MI VIDA Program is dedicated to enriching Hispanic seniors and caregivers lives by providing a culturally supportive environment and promoting wellbeing through a senior center operation. We aim to reduce social isolation and its associated health impacts, promote social connectedness, and reduce health disparities of all we serve. Participants will engage in cultural celebrations, arts and crafts, music and dance therapy, memory enhancement, socialization, health promotion, screenings, and disease prevention.</p>   |
| United Community Development of North Carolina | Urgent Home Repair | <p>United Community Development of North Carolina (UCD) provides small health and safety repairs to older, disabled, and other vulnerable populations who are at risk of displacement from their homes and communities. UCD also provides advocacy and collaboration with other organizations, church groups, and other community groups to leverage our collective resources when repairs are beyond UCD's financial or technical competencies so that we enable our citizens to age in place and to help reserve the "already affordable housing stock which is in Buncombe County."</p> |
| W4H Asheville DBA Working Wheels               | Car Repair         | <p>Working Wheels will provide deeply discounted vehicle repairs to 14 Buncombe County residents who are 60 years of age and older. This project will incentivize our referral partners to prioritize their older clients and will increase their access to transportation, one of the goals listed in the Age-Friendly Action Plan.</p>   |